## Atlanta Virtual Academy Socio Emotional Webinar Schedule

Date	Time	Session Title	Session Description
Monday, March 23	9:30 am	Just for YOU! Food and Community Resources	Hosted by your AVA counselor. The is webinar is designed for students of all grade levels. I will share local food and community resources as well as tips for nutrition. <a href="https://zoom.us/j/836888724">https://zoom.us/j/836888724</a> Meeting ID: 836 888 724
Tuesday, March 24	9:00 am	Create a Schedule? Why?	Hosted by your AVA counselor. The is webinar is designed for students of all grade levels. I will discuss creating an academic and home schedule in which everyone in the home benefits <a href="https://zoom.us/j/959551812">https://zoom.us/j/959551812</a> Meeting ID: 959 551 812
Wednesday, March 25	9:00 am	I miss my friends, family and school	Hosted by your AVA counselor. This webinar is designed for high school students in <b>grades 9-12</b> . I will discuss social isolation and provide recommendations for students to creatively connect with their community. <a href="https://zoom.us/j/688359699">https://zoom.us/j/688359699</a> Meeting ID: 688 359 699
Thursday, March 26	9:00 am	I miss my friends, family and school	Hosted by your AVA counselor. This webinar is designed for students of students in <b>grades 6-8</b> . I will discuss social isolation and provide recommendations for students to creatively connect with their community. <a href="https://zoom.us/j/519609694">https://zoom.us/j/519609694</a> Meeting ID: 519 609 694
Friday, March 27	9:00 am	I miss my friends, family and school	Hosted by your AVA counselor. This webinar is designed for students of in grades K-5 and their parents. I will discuss social isolation and provide recommendations for students to creatively connect with their community. <a href="https://zoom.us/j/461765775">https://zoom.us/j/461765775</a> Meeting ID: 461 765 775
Monday, March 30	9:00 am	I feel stressed! Dealing with all of the school and social changes.	Hosted by your AVA counselor. This webinar is designed for high school students in grades 9-12. I will address stressors, change and provide mental health resources. <a href="https://zoom.us/i/732883038">https://zoom.us/i/732883038</a> Meeting ID: 732 883 038
Tuesday, March 31	9:00 am	I feel stressed! Dealing with all of the school and social changes.	Hosted by your AVA counselor. This webinar is designed for students of students in grades 6-8. I will address stressors, change and provide mental health resources. <a href="https://zoom.us/i/931570769">https://zoom.us/i/931570769</a> Meeting ID: 931 570 769